



For better  
mental health

## **Telford Mind Mission Statement**

Telford Mind is an independent voluntary organisation that is affiliated to national Mind. It exists to promote and support better mental health in Telford and Wrekin.

Telford Mind works to promote recovery, aiming to provide high quality services for people who are experiencing mental health issues and / or emotional distress. It also offers support to people undertaking caring roles.

Telford Mind works to promote independence and inclusion. It challenges stigma. It promotes self confidence and self reliance and designs and delivers appropriate services and activities through service user participation in development and governance.